

October 5, 2024



5K Race & Memory Walk

Kinnick-Feller Park
Adel, IA

- CHIP TIMING
- KIDS FUN RUN
- TEAM WITH MOST PREREGISTERED PARTICIPANTS BY 10/1/2024 WINS A GIFT CARD TO FAREWAY FOR A BBQ TOGETHER

5K
Cash
Prizes,
overall
winner
\$100
Scheels
GC

Register at: JohnDGomkeCharity.org
Questions: 515/314-9171



Over 10 Years
Helping Families with Infant and Young Child Loss
Educate  Prevent  Comfort

Supporting ADM by providing defibrillators (AEDs) to schools, 54 total, including 9 to the ADM school district. While honoring several local infants watching over us from Heaven!

Save \$10 through October 1ST with code: School24

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